



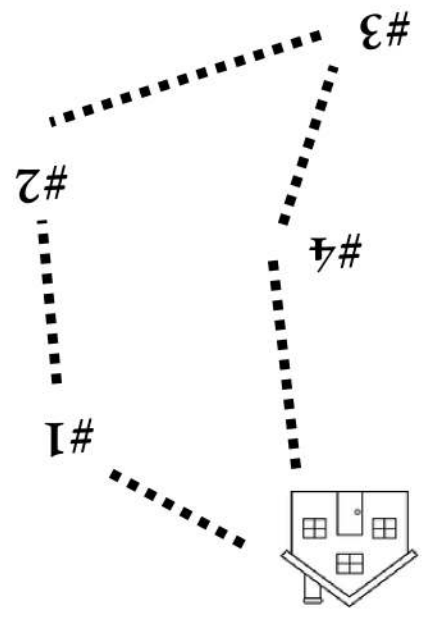
Who is the farmer that sold it to you?

What is the most common item you found?

What is the biggest item you found?

How many items did you pick up?

Go on a litter pick-up mission in your neighborhood or park!



Go on a nature walk of your choice!
 Draw four natural features you saw on your way!

Check out these three native plants you can color!

What more can you find out about them through your own research?

Visit your local farmer's market!
 Draw or paste a picture of your favorite veggie you tried!

HOW TO USE THIS GUIDE:
 Fill in your answers to the activity prompts on each page.

When you've completed all 6 activities, share your guide with us via photos over email, social media, or both!

Each activity is worth 10 points!

peter@capitalregionland.org
 @capitalregionlandconservancy
 on social media



Welcome to your Pocket Conservationist Guide!



Signs of a healthy stream or river:

- healthy plants
- water is cool not warm
- clear water
- no green algae
- no trash
- fish, snails, or other water bugs

Check off the ones you see in your stream!
 I explored:

Visit a local battlefield and share one fact about the battle that took place there.

Name of battlefield:

Location:

Fact: